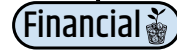
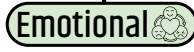
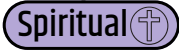













Looking ahead at the next round of **FRESH START CLASSES**

Pathway to Living an Abundant Life

Classes are held Monday evenings at
Martins Creek Mennonite Church, 6111 CR 203, Millersburg



Childcare provided & classes are free of charge

April	20	New Class Orientation-7:00-8:00 pm		
	27	You Are Never Alone 6 week class 1	Ruthless Elimination of Hurry 5 week class 1	Personal Wellness 3 week workshop 1
May	4	  2	 2	 2
	11	3	NO CLASS	3
	18	4	3	Paint and Unwind 3 week workshop 1
	25	NO CLASS DUE TO MEMORIAL DAY		
JUNE	1	5	4	 2
	8	6	5	3
	22	Building Financial Habits 6 week class 1	You'll Get Through This 5 week class 1	Simple Stitches 3 week workshop 1
	29	 2	 2	 2
JULY	6	3	3	3
	13	4	4	Basic Home Repairs 3 week workshop 1
	20		NO CLASS	 2
	27	5	5	3
AUG	3	End of Class Celebration! 6:30-8:00 pm		

To register for any of these classes you can call Love INC
@ 330-473-6017, go to loveincfghc.org, or scan the QR code!
Descriptions of current classes on the back.





FRESH START CLASSES

Pathway to Living an Abundant Life

Classes are held Monday evenings at
Martins Creek Mennonite Church, 6111 CR 203, Millersburg

Mental 

Emotional 

Spiritual 

Workshop 

Free of charge and childcare is provided!



You Are Never Alone



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April 20 - June 8 with NO CLASS on May 25; 7 - 8pm. Led by Summer Austin

This 7-week class reminds us that God sees and cares about us and will always come to our aid, no matter what! By tracing Jesus' miracles, we'll examine the good news John shares: God is never afraid to meet us in the midst of life's messes, extend a helping hand, and lift us out of our troubles.



Ruthless Elimination of Hurry



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April 20 - June 8 with NO CLASS on May 11 & 25; 7 - 8pm. Led by Debbi Miller

"Who am I becoming?" That was the question nagging John Mark Comer. Outwardly, he appeared successful. But inwardly, things weren't pretty. So he turned to a mentor for guidance and was told, "Ruthlessly eliminate hurry from your life. Hurry is the great enemy of the spiritual life." It wasn't the response he expected, but it was and is the answer he needs. This 6-week class will help you find a roadmap to staying emotionally healthy and spiritually alive in the chaos of the modern world by intentionally slowing down.



Personal Wellness Workshop



April 20 - May 11; 7 - 8pm Led by Tina Zickefoose and others

This 4-week workshop will begin with orientation and then will explore different elements of what it truly means to take care of ourselves. We will discover what we need and enjoy and help implement healthy practices and habits into our lives to prevent burnout and keep stress from overtaking our lives.



Paint and Unwind Workshop



May 18 - June 8 with NO CLASS on May 25; 7 - 8pm. Led by Laura McCartney

This 3-week workshop invites participants to slow down, get creative, and enjoy meaningful conversation and fellowship while painting together. Over the course of the three weeks, Laura McCartney will guide participants through a new piece each week. Through the process, you will learn simple techniques, build confidence, and enjoy the process. No prior painting experience is needed. Just come ready to relax, create, and enjoy time together



Register for classes by scanning the QR code, visiting our website
loveincfghc.org, or calling Love INC @ 330-473-6017

